

PRESS RELEASE

COVENT GARDEN BRINGS THE BEST OF THE AREA HOME

- **Covent Garden's Head Gardener** Kenny Raybould is answering gardening questions, plus recipes, at-home events and quizzes released online weekly
- **Royal Opera House** is streaming much loved opera and ballet performances including *Romeo and Juliet: Beyond Words* and the premiere of **The Royal Opera's Cendrillon**
- Covent Garden restaurants including **SUSHISAMBA**, **The Oystermen** and **Henrietta Bistro** have curated special takeaway menus and services for Londoners missing their favourite dishes
- Local favourites **Frenchie**, **Avobar** and **Grind** have revealed the recipes for signature dishes to cook at home

With the global community in lockdown and unable to visit, London's most popular destination Covent Garden has curated a digital programme showcasing the different ways to bring Covent Garden home this Spring. From local restaurants **Frenchie** and **Avobar** releasing recipes to cook at home, extra special takeaway services from **SUSHISAMBA** and **Henrietta Bistro**, and online performances from the **Royal Opera House**, there is something for everyone.

Alongside at-home culinary experiences, Covent Garden's Instagram channel is providing virtual entertainment for those stuck at home. **Covent Garden's Head Gardener** Kenny Raybould is answering planting and growing questions on a weekly basis, teaching followers how to 'grow your own' and make homes greener. As part of the new digital programme, each Monday, exclusive content and online events for the week ahead will be announced, and a Friday night quiz will test your knowledge of Covent Garden. For culture enthusiasts, the **Royal Opera House** is offering a schedule of full-length opera and ballet every Friday at 7pm, as part of its #OurHouseToYourHouse series. Performances are free but viewers may donate to support the industry via the viewing platform.

Bringing an element of "dining out" to "dining in", Covent Garden's foodie favourites from **Frenchie**, **SUSHISAMBA**, **Frog by Adam Handling**, **Avobar** to **GRIND** have revealed their much-loved recipes. Those interested in brushing up on their culinary skills can visit the [Covent Garden website](#) and learn how to make **Frenchie's** signature Bacon Scones or **SUSHISAMBA's** savoury Moqueca Mista Curry. The **Frog by Adam Handling** is also sharing recipes via Instagram, including their infamous cheese donuts. For something simpler Covent Garden's **Avobar** encourages everyone to recreate its Moroccan Plantballs Bowl – and for

COVENT GARDEN

capco

those craving their barista's morning coffee, **GRIND** is teaching followers how to make the perfect at-home brew.

For those missing the estate's experiences, or living nearby, seafood restaurant **The Oystermen** has transformed into a mini market and delivery service, offering fresh fish, free range meat, cheese as well as some essential household items to select postcodes across London. Plus to wash it all down they also have wines from their partners at 266Wines and beers including those from The Canopy Beer Co. and the Small Beer Brewery. Receive next day deliveries on orders placed before 6pm (Monday-Saturday, slots depending).

For diners who want a no-fuss-experience, Covent Garden's **SUSHISAMBA** and **Henrietta Bistro** are now offering home deliveries of their signature food and cocktails. Whether craving Whole Roasted Corn-Fed Chicken or signature Crispy Yellow Taquitos, Londoners can visit Covent Garden's **SUSHISAMBA** to collect an order, or for those nearby, delivery is also available within a 5 mile radius. Continuing its reign as the best post-work cocktail spot, **Henrietta Bistro** is also delivering cocktails and luxury wines to people's doorsteps as well as hosting a Saturday night tasting club which you can tune in to on Instagram.

Other retailers across the estate including **Miller Harris**, **Kurt Geiger** and **Alkemistry** are working to support local communities during the pandemic. **Miller Harris** is donating its entire stock of hand wash, hand lotion and soaps to charity *Age UK*, and **Kurt Geiger** is donating 100% of profits from its limited-edition Anthony Burrill 'WE ARE ONE' canvas tote bags to the NHS. For the month of April, **Alkemistry** donated 10% of all online orders to the NHS.

To see the recipes from Frenchie, SUSHISAMBA, Avobar and GRIND and for any more information visit www.coventgarden.london/stay-home and to submit questions to Covent Garden's Head Gardener follow the Covent Garden Instagram Channel [@coventgardenldn](https://www.instagram.com/coventgardenldn)

-Ends-

Enquiries:

Capco

Catherine Riccomini, Head of Marketing

Tel: +44 (0)20 7395 5499

Catherine@capitalandcounties.com

COVENT GARDEN

capco

Mission

Tel: +44 (0)20 7845 7800

capco@thisismission.com

About Capco Covent Garden:

Covent Garden is a leading retail and dining destination and is one of the most vibrant estates in the heart of central London. The area is now home to a wide variety of British, global and independent brands including Chanel, Tom Ford, Balthazar and SUSHISAMBA, with upcoming openings from Ganni, American Vintage and Big Mamma.

www.coventgarden.london

About Capital & Counties Properties PLC (Capco)

Capital & Counties Properties PLC is one of the largest listed property investment companies in central London and is a constituent of the FTSE-250 Index. Capco's landmark estate at Covent Garden was valued at £2.6 billion (as at 31 December 2019) where its ownership comprises over 1.2 million square feet of lettable space. The company is listed on the London Stock Exchange and the Johannesburg Stock Exchange.

www.capitalandcounties.com